

# LUNCH WEEK 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Chilli Beef Served With Cous Cous or rice & Seasonal Vegetables

Southern Chicken burger House Salad Corn Salsa Potato Wedges

Roast Pork Loin Apple Sauce Sage & Onion Stuffing, Gravy.

Delhi Tikka Chicken Masala Served with Rice, Naan Bread & Mango Chutney

Battered Fish, Chips, Peas & Tartare Sauce

MAIN MEAL #TWO

Butternut Squash & Chickpea Tagine, Served With Cous Cous or rice

Vegan Buttermilk Burger House salad Corn Salsa Potato Wedges

Vegetable Hot Pot Served With Seasonal Vegetables

Mughlai Vegetable Korma Served with Rice, Naan Bread & Mango Chutney

Speciality Pizza served with chips House Salad

HANDHELD

Authentic Pizza Slice

Pitta Pizza

Vegan Sausage Roll

Authentic Pizza Slice

Gyros Chicken Wrap

BOWLED OVER

Pasta Kitchen

Pasta Kitchen

Pasta Kitchen

Pasta Kitchen

Pasta Kitchen

DESSERTS

Homebake of the day

Homebake of the day

Homebake of the day

Homebake of the day

Homebake of the day

**caterlink**  
feeding the imagination

**SOUPS**

Come and try our range of soups available. Varying daily and providing healthy options to you all!

**ALLERGIES**

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

**JACKET STATION**

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

**Bowled Over**

Pasta / rice / noodles served daily with different toppings!

**meal Deals** £2.60

VEGAN OPTIONS AVAILABLE DAILY!

THE UPROOTED KITCHEN

# LUNCH WEEK 2



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL #ONE

Bacon and cheese Macaroni in a rich cheese sauce served with House salad

Sweet and sour chicken served with rice and seasonal vegetables



Roasted Turkey Cranberry Sauce Sage & Onion Stuffing & Gravy

Beef Madras Served with Rice, Naan Bread & Mango Chutney

Battered Fish, Chips, Peas, Lemon & Tartare Sauce

### MAIN MEAL #TWO

Classic Macaroni In A Rich Cheese Sauce And Baked To perfection House Salad

Sweet and sour quorn served with rice and seasonal vegetables



Spring Vegetable Pie, Topped With Pastry & Served With Seasonal Vegetables



Mangalore Malabar Vegetable Curry Served with Rice, Naan Bread & Mango Chutney

Smokey Vegetable Enchilada Served with Coleslaw

### HANDHELD

Tikka Chicken Flatbread With Slaw & Sauce

Pizza Calzone Pocket

Authentic Pizza Slice

BBQ Beef Burrito

Authentic Pizza Slice

### BOWLED OVER

Pasta Kitchen



Pasta Kitchen



Pasta Kitchen



Pasta Kitchen



Pasta Kitchen



### DESSERTS

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## JACKET STATION

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## Bowled Over

Pasta / rice / noodles served daily with different toppings!

**meal Deals**  
£2.60

VEGAN OPTIONS AVAILABLE DAILY!



# LUNCH WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Sausages, potato wedges served with baked beans


Classic Beef Lasagne, Served With Broccoli or House salad

Roasted Gammon Served With Roast Potatoes, Seasonal Vegetables & Gravy


Chicken Tikka Masala, Served with Rice, Naan Bread & Mango Chutney

Battered Fish Served With Chips, Peas & Tartare Sauce

MAIN MEAL #TWO

Vegetarian sausages, potato wedges served with baked beans 

Vege Mince Lasagne, Served With Garlic Slice & Chopped Salad 

Quinoa & Cous Cous Stuffed Pepper, Spiced Tomato Sauce & Seasonal Vegetables 

Vegetable Korma Curry Served with Rice, Naan Bread & Mango Chutney 

Mexican Vegetable Fajitas Served With Coleslaw 

HANDHELD

Authentic Pizza Slice

BBQ Chicken Panini

Pitta Pizza

Cheese & Tomato Panini

Authentic Pizza Slice

BOWLED OVER

Pasta Kitchen 

Pasta Kitchen 

Pasta Kitchen 

Pasta Kitchen 

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DESSERTS

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**Bowled Over**

Pasta / rice / noodles served daily with different toppings!

**meal Deals** £2.60

VEGAN OPTIONS AVAILABLE DAILY!

THE ROOTED KITCHEN